



# Pat Saito

## Councillor's Report

Ward 9

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### Dear Neighbour:

My Region of Peel newsletter provides you with information about Regional services as well as events and special activities around the ward. For more details on any services please visit [peelregion.ca](http://peelregion.ca) and for ongoing ward information visit [ward9.ca](http://ward9.ca).

This will be my only printed newsletter this year, but I will continue to send important notices and information through my e-newsletter until June 30 and by regular email after that date until October 27 – Election Day.

This is an exciting and busy year for our community. We celebrated the 25<sup>th</sup> anniversary of Meadowvale Theatre and we are starting construction on our new Meadowvale Community Centre. Ongoing updates on the construction will be available through the ward 9 website at [ward9.ca](http://ward9.ca) and I know we will all look forward to the opening of our new, improved community facility in 2016.

We are also starting design planning for the new park at Tenth Line and Aquitaine on the former Union Gas site. Thanks to the collective input from the community, this park will provide year round activities for all ages and will encourage active and healthy living. On that note, I congratulate all of the local schools who have joined the Walk to School and Healthy and Active Lifestyle programs. You are

all contributing to better health for our children and ourselves which is the goal of our Peel Region health initiatives.

Ward 9 is also faced with several development proposals that have involved hundreds of citizens who have become involved in the process. As these applications follow the planning process, I will also be updating residents on future meetings and any new information.

I want to thank all of the many volunteers who make our community a great place in which to live, work and play. As I listen to residents at the Planning meetings speak about their love for their community and their pride in it, I know that we have all worked together to make this happen.

I hope you will all have a very safe and enjoyable summer. Remember that my office is here to serve you and you can call or email me at any time for City of Mississauga or Region of Peel services.

All the best,

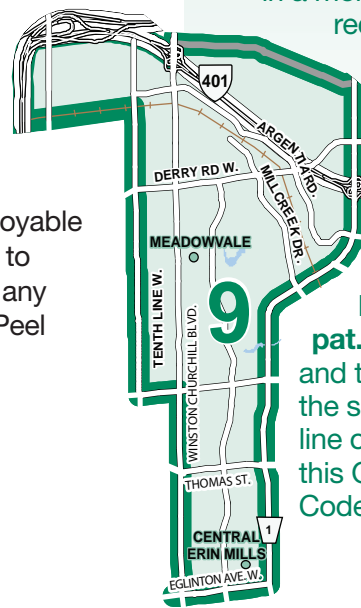
Pat Saito  
Councillor, Ward 9

I have made a change to the way I communicate with you and instead of spending thousands of dollars each year on a City and a Region newsletter I have reduced my printed version to one and instead I am sending a **monthly e-newsletter**.

This not only saves money but also enables me to keep you up to date in a more timely way. I have received excellent

feedback from the thousands of residents who are currently on the mailing list and I encourage you to sign up and make sure you are kept informed.

Please email me at [pat.saito@mississauga.ca](mailto:pat.saito@mississauga.ca) and type "join email list" in the subject line or use this QR Code.



## Meadowvale Theatre's 25th Anniversary Celebrations

April was an exciting time for our community as Meadowvale Theatre turned 25! Thanks to the hard work of the Meadowvale Theatre Advisory Board, we celebrated on April 25-27 with three days of exciting events and performances.

Friday night's event was geared towards youth and showcased the talents of our young people. Organized by Limelight (Mississauga Arts Council) and hosted by internationally recognized and multi-platinum punk rock band Billy Talent whose four members grew up in Meadowvale, it was a huge success.

On Saturday night, talented homegrown stage actress Lisa Horner hosted an exceptional lineup of local Mississauga artists with a wide variety of performances celebrating 25 years of theatre.

Lastly on Sunday, hundreds of residents enjoyed our Open House that featured live performances, face painting, a free BBQ, free popcorn, children's activities and games. Mayor Hazel McCallion joined me for the formal cake cutting to finish off the weekend of activities.

If you have not been to Meadowvale Theatre you are missing some wonderful entertainment. Check out the upcoming performances and events at [mississauga.ca/meadowvaletheatre](http://mississauga.ca/meadowvaletheatre).



Photos from the Meadowvale Theatre 25th Anniversary Celebrations held April 25, 26 and 27, 2014







Founded in 1992 as the Mississauga Crime Prevention Association, Safe City Mississauga is dedicated to making Mississauga safer for all residents. I am a founding member and I am very proud of the work they do. Safe City works closely with the police, the city and other partnering agencies to deliver youth and neighbourhood programs, events and awareness campaigns to the community.

Safe City Mississauga, in partnership with the University of Toronto Mississauga and the Region of Peel, is pleased to present its 2014 Crime Prevention Conference: Sexual Violence, Social Media & Youth on **Tuesday, June 17, 2014 from 8 a.m. – 5 p.m. at the University of Toronto Mississauga, Instructional Centre.** For information about Safe City Mississauga and the conference please visit [safecitymississauga.on.ca](http://safecitymississauga.on.ca).

## Play in the Park comes to Lake Aquitaine

This summer, children 6-12 in Ward 9 can join in the fun at Lake Aquitaine at our new "Let's Play in the Park" free and supervised nine week outdoor playground summer program.

There is no registration required at this drop in program where our trained summer park leaders will guide active play through physical activities, crafts, drama, and games.

**The Lake Aquitaine Park program runs from 1 – 4 p.m. from July 2 until Aug. 29.**

With only five per cent of children meeting the Canadian Physical Activity Guidelines of 60 minutes of physical activity every day, play might be one of the easiest, most affordable and fun ways for our children to get moving.

Let's Play in the Park is designed to meet the High Five Quality Assurance Standard for delivering quality recreational services for children. We train all our leaders working with children in HIGH FIVE Principles of Healthy Child Development (PHCD) to best address the needs of your child. HIGH FIVE helps us ensure your child is in good hands and will enjoy a positive experience in our programs. We are always open to your feedback about our programs.

For more information, and to see which other parks in Mississauga offer the program, check out the website at [mississauga.ca/play](http://mississauga.ca/play).

## The Region is Ready for Emergencies

As Vice Chair of the Emergency Management Program Committee, I strongly believe that every individual needs to be prepared for an emergency. The Peel Regional Emergency Preparedness Program (PREP) ensures that Peel Region is a disaster resilient community which means that we are better prepared to respond and recover from a significant emergency.

PREP annually reviews and updates the Region of Peel Emergency Plan so that it meets provincial standards and legislation requirements. PREP team members also provide education to Peel residents about personal and family emergency preparedness. I encourage you to visit [peelregion.ca/prep](http://peelregion.ca/prep) for a variety of resources and tips on how to stay safe and be prepared for various emergency situations.

## Preparing for Higher Intensity Storms

Ward 9 residents were fortunate that we did not get the full impact of the major storm that occurred in July 2013 which resulted in major flooding throughout the Region.

This weather event recorded higher rain volumes over a shorter period than the famed Hurricane Hazel in 1954. Impacts due to large rain events are becoming more pronounced in modern urban settings due to intensification and the practise of creating large areas of impermeable surfaces such as roofs, driveways, other hard surface architectural and landscape features. This modern practise greatly reduces the ability of rain water to be absorbed back into the ground and potentially increases the amount of water flowing on the surface.

Part of the reason our community was not as impacted is the result of our planning as Meadowvale and Central Erin Mills were being

built. Storm water ponds such as Lake Aquitaine and Lake Wabukayne helped collect heavy rainfalls from residential streets, while new homes were designed with water diversion on an improved sewer pipe system.

In spite of this, as weather patterns continue to change, experts say we should expect severe thunderstorms to become more common in Ontario. To help reduce the chance of flooding, there are some general steps that homeowners can take:

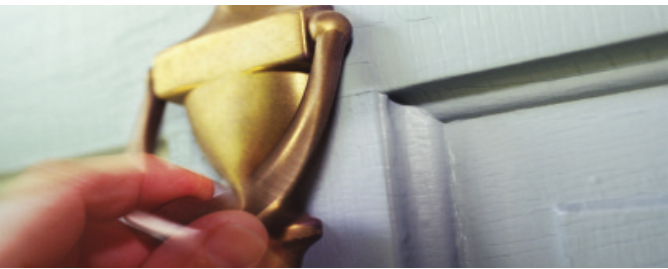
- Ensure that lot grading directs water away from your foundation
- Repair any cracks or holes in the basement walls, floors or windows
- Disconnect downspouts to direct water onto your lawn and away from your home, ensuring you do not impact your neighbour's property

- Move valuables into upper levels of your home and keep anything in the basement up off the ground
- Keep your sewer pipe in good working order, free from tree roots, debris, fats, oils and greases that can lead to blockages or reduce capacity in your pipe
- Be aware of what items are flushed or put down the sink. Seemingly small items can cause blockages

For more detailed information about flooding and flood prevention, visit:

- The Institute for Catastrophic Loss Reduction at [basementfloodingreduction.com](http://basementfloodingreduction.com)
- The Canadian Mortgage and Housing Corporation at [cmhc-schl.gc.ca/en/co/maho/gemare/](http://cmhc-schl.gc.ca/en/co/maho/gemare/)

## Beware of Door-to-Door Water Treatment Sales Agents



Residents have told me that they have people coming to their door asking to test their tap water or take water samples. Please beware that **the Region of Peel does not employ or authorize other companies to test municipal tap water or to collect water samples on the Region's behalf.** Peel Public Works staff carry photo ID cards and drive regional vehicles.

Peel water operators are certified to conduct health-related tests to confirm water safety, and accredited and licensed laboratories are used for analysis of all drinking water tests. The Region of Peel is responsible for the treatment and distribution of your water supply and that the water quality meets the Ontario drinking water quality standards.

Should you have any concerns about water safety or quality, Regional staff would be happy to assist you. Please call 905-791-7800, ext 4685, or email [WaterQualityInquiries@peelregion.ca](mailto:WaterQualityInquiries@peelregion.ca).

## Mayor McCallion turned 93 in February!

Clockwise from below:

Presenting the Mayor with a bouquet of flowers at Council

The Mayor and I on Canada Day

With my husband Ron and the Mayor at Summit Gardens





# Take Control in a Medical Emergency

It's important to know what to do in an emergency. Simple, straightforward actions could mean the difference between life or death for someone you love. Increase the odds in your favour by recognizing the signs of a stroke or heart attack, learning CPR and preparing for the paramedics!

## Heart attack and stroke warning signs

Heart attack and stroke may lead to a cardiac arrest – a sudden stopping of the heart. Knowing the signs allows you to react quickly and save a life.

## Heart attack

### Pain

- In the chest, neck, jaw, shoulder, arms or back
- Feels like burning, squeezing, heaviness, tightness or pressure
- In women, pain may be more vague
- Chest pain or discomfort brought on by exertion

**Shortness of breath** – Difficulty breathing

**Nausea** – Indigestion and/or vomiting

**Sweating** – Cool, pale, clammy skin

**Anxiety** – Racing heart, feeling faint or weak

If you feel any of these symptoms, call 911. If someone around you has these symptoms and is not responding to you, start CPR while waiting for paramedics to arrive.

## Stroke

**Weakness** – Sudden loss of strength or numbness in the face, arm or leg, even if temporary

**Trouble speaking** – Sudden difficulty speaking or understanding, or sudden confusion, even if temporary

**Vision problems** – trouble seeing, even if temporary

**Headache** – Sudden, severe and unusual

**Dizziness** – Sudden loss of balance, especially with any of the above signs

## CPR Training Event

I am very excited that my proposal to hold a giant **CPR training event at Celebration Square** is moving forward.

**On July 9, 2014 at 6:30 p.m., Peel Paramedics will be providing Hands-On CPR (non-certification) training. The rain date is July 23.**

Everyone is welcome to attend and learn how to perform CPR. We will be partnering with the Mickey Network, St. John Ambulance, Heart and Stroke and others for this important event.

Please join me on July 9 at Celebration Square and find out how you can help save a life in an emergency. On Twitter or Facebook use the hashtag: #iheartsavinglives.

Visit the safety tips section at [peelregion.ca/paramedics](http://peelregion.ca/paramedics) for more information. You can even download a patient medical information card that you can complete and keep in case you ever need the paramedics.

## Hands-only CPR saves lives

Those closest to you may need your help. Up to 55 per cent of cardiac arrests are witnessed by a family member or friend. Hands-only CPR has been shown to be as effective as full CPR, doubling or even tripling someone's chances of survival. It's easy to do and doesn't require mouth-to-mouth breathing.



### The steps:

1. Check if the person is responding to you
2. Call 911 or tell someone to call 911
3. Push hard and fast (100 times per minute) in the centre of the chest

Don't be afraid to act. A broken rib is well worth keeping a family member or friend alive. The Good Samaritan Act protects anyone who performs CPR from being sued.

For CPR certification, contact The Heart and Stroke Foundation of Ontario, The Canadian Red Cross, the Peel Paramedic Association or St. John Ambulance.

## Recycle Wise. Reduce and Reuse.

I want to thank you all for helping us divert more than 655,000 tonnes of material from the waste stream since the Region's introduction of the single-stream blue box program in 2006.

In Mississauga alone, an estimated 1,090 tonnes of blue box material is collected each week and brought to the Region's Integrated Waste Management Facility. This large-scale Regional facility opened in 2006, processing approximately 110,000 tonnes of recyclable material and starting in 2007, 27,000 tonnes of source separated organics annually.

Along with recycling, reusing items instead of discarding them helps to reduce the amount of waste generated, saves natural resources, conserves energy and decreases the need for landfills. Consider giving household items that are gently used and in working condition a new home instead of throwing them in the garbage.

Help keep our communities clean by reusing items and putting recycling and organics in their proper place. Visit [wheredoesitgo.ca](http://wheredoesitgo.ca) to find out what items are accepted in the Green Bin and Blue Box Program.

Use the Battleford Community Recycling Centre for free drop off of:

- household hazardous waste
- re-usable goods
- dedicated loads of blue box materials
- designated waste electronics and electrical equipment (WEEE)
- passenger or light truck tires
- large metal appliances and metal fixtures
- scrap metal.

For more information on how to manage your waste, visit [peelregion.ca/waste](http://peelregion.ca/waste)

## Peel Poverty Reduction Strategy Committee (PPRS)

As Council continues to make poverty reduction a priority, the PPRS is part of a collaborative network of residents, local government, non-profit and advocacy organizations who have developed a three-year poverty reduction strategy for Peel. To join the Food Security Task Force or Economic Opportunities Task Force, or for more information, visit [povertyinpeel.ca](http://povertyinpeel.ca) and follow @Peel\_Poverty on Twitter.

The second annual Evening For Miracles Fundraiser was held in February in support of near drowning survivor Jesse Arrigo who's loving grandfather Bob is a resident of Ward 9. To learn more about Jesse visit [jessearrigo.com](http://jessearrigo.com).



Clockwise from above:

With my husband Ron and Bob Arrigo

With baby Jesse and his mother Kristin

Jesse Arrigo

Our table guests







With the Cram-a-Cruiser team collecting food for the local food banks



Speaking at the Peel Multicultural Centre AGM

## Buffalo Wild Wings Blazin' Wing challenge in support of Camp Bucko



Buffalo Wild Wings Blazin' Wing Challenge Begins. Competing teams try to eat hot wings as fast as they can!



Speaking at the Safe City Mississauga Justice Luncheon



Cutting the ribbon at the Erin Mills Town Centre Panera Bread Grand Opening



With members of Peel Regional Police team



Members of the Steelheads hockey team and Mississauga Fire Fighters team

## The Future of Paratransit in Peel



TransHelp is an important service that provides 1,500 rides a day. Peel's growing and aging population will increase demand that is projected to grow annually from nine to fifteen per cent.

To keep TransHelp sustainable and serve as many riders as possible, Peel undertook and completed a thorough review of paratransit services to identify opportunities to serve you better. The Accessible Transportation Master Plan (ATMP) identified recommendations to remain compliant with the Accessibility for Ontarians with Disabilities Act (AODA). High level recommendations were presented and approved by Regional Council in January, and the final report is scheduled for June.

Recommendations involve resourcing TransHelp to handle growth, improving service provider contracts, support for travel training, targeted public education and developing an implementation plan to transition the service over the next four years.

For more details about the ATMP, visit [peelregion.ca/atmp](http://peelregion.ca/atmp).

## Meadowvale Community Centre Update

Thanks to all who attended my Open House on February 26 to show the plans for future renovations of the Meadowvale Community Centre. Everyone who attended was very excited to see what a great facility we will have once it is completed in 2016.

The MCC is still on schedule to close for renovations in July of 2014 when River Grove Community Centre re-opens.

The renovations will allow us to provide more recreation programs while updating and replacing some of the building's systems that were reaching an age where they would have to be replaced.

As well, Meadowvale Library will be moved to the community centre from the nearby Meadowvale Town Centre. The community centre will have a larger fitness area, new meeting rooms and program space, a new gym and a new therapeutic pool. It will also have a teaching kitchen and will start offering cooking classes. You can check my website at [ward9.ca](http://ward9.ca) to see the plans.

**Please join me on Saturday, June 21 from 11 a.m. – 2 p.m. for the Meadowvale Community Centre Customer Appreciation Party at 6655 Glen Erin Drive in Mississauga. There will be an open house for the public, mural painting, free swim, children's activities, free popcorn and hot dogs.**

## Resources for Parents and Parents-to-be in Peel

We have a wide range of services for new parents and parents-to-be at the Region:

**Talk to a Nurse by Phone or on Facebook** – Peel Public Health Nurses answer your questions by telephone at 905-799-7700. You can also access Public Health Nurses and a community of other Peel parents on the Parenting In Peel Facebook page at [Facebook.com/ParentingInPeel](https://www.facebook.com/ParentingInPeel).

**Prenatal Classes and Programs** – Visit [PregnantInPeel.ca](http://PregnantInPeel.ca) or call 905-799-7700 to find a class or program that's right for you.

**Breastfeeding Support** – Hands-on support at breastfeeding clinics, telephone help (905-799-7700), mother-to-mother support, and information and breastfeeding instructional videos at [BreastfeedingInPeel.ca](http://BreastfeedingInPeel.ca).

**Peel Postpartum Mood Disorder Program** – Visit [PMDinPeel.ca](http://PMDinPeel.ca) for information and resources or call the Peel Postpartum Family Support Line at 905-459-8441.

**Free Family Literacy Program** – A series of workshops across Peel for families with children aged 0-6. Register online at [peelregion.ca/children/programs/family-literacy/register.htm](http://peelregion.ca/children/programs/family-literacy/register.htm) or call 905-791-1585 for more information.

**Enrolled by Six** – Earn up to \$2000 in post-secondary education support by the time your child is 15. Families earning less than \$42,707 annually can register children under the age of six in the Canada Learning Bond-Registered Education Savings Plan. Visit [pcyi.org](http://pcyi.org).

**Connect with Community Resources and Information Online** – [ParentingInPeel.ca](http://ParentingInPeel.ca) provides information on a wide range of topics related to pregnancy and parenting. You can also gain access to numerous community supports and resources available to help you at [PeelYoungParents.ca](http://PeelYoungParents.ca).

## Human Services Supports

The Region of Peel's Human Services department can help you with financial, child care, housing, transportation and employment needs.

For more information, call us at 905-791-7800 or visit our website at [peelregion.ca/social-services](http://peelregion.ca/social-services).

**Two locations to serve you:**

Human Services is located on the main floor of Region of Peel offices at 10 Peel Centre Drive in Brampton and 7120 Hurontario Street in Mississauga.



# Summer Safety Tips

As we approach the summer months, I would like to provide Ward 9 residents with some helpful safety tips to prevent crime in our neighbourhoods.

## Going away for summer vacation?



To prevent your house from a break-and-enter, notify a relative or trusted neighbour and ask them to watch your property and to notify the police should they see any suspicious activity. Cancel your newspaper subscriptions during that period and ask a trusted neighbour to collect flyers and mow your lawn to create a lived-in look. You can even ask your neighbour to park in your driveway. Use at least two timers to turn the lights on and off. Try to mimic a lighting pattern that's typical for you.

Disable the garage door opener and make use of your safety deposit box to secure your valuables. If you use social media, refrain from advertising your vacation to the public.

## Working in your backyard?



To prevent mischief and robberies, ensure that your front door and garage door is locked and secure while gardening in your backyard. Criminals may steal items from the garage or break into the house through the garage. Keep shrubs no more than three feet (one metre) in height and trim trees to ensure that your front door is visible so that criminals cannot hide.

## Taking a stroll?



Stick to major routes and roads while taking a stroll during the summer months. Use sidewalks that are well-lit and form a buddy system. If you

feel that your personal safety is being threatened, change direction and seek a safe place. Always be aware of your surroundings.

## Need home improvement?



Avoid home improvement scams and people asking to gain entry into your home. Ask to see identification or tell them to come again after you verify the service with their company. If someone knocks on your door, acknowledge them but remember you do not have to let them into your house.

For more crime prevention tips and security measures, consider organizing a Neighbourhood Watch in your area. Contact Safe City Mississauga for more information at [safecitymississauga.on.ca](http://safecitymississauga.on.ca) or Peel Regional Police at [peel.police.ca](http://peel.police.ca) and click on "Crime Prevention", then "Featured Seasonal Safety Tips".

## Lake Wabukayne Park Stewardship Day

On Saturday May 31, Lake Wabukayne Stewardship members, the Mississauga Parent-Child Resource Centres and I were joined by hundreds of residents who came out for a day of free games, children's activities, free BBQ and to learn about this Jewel in the heart of Meadowvale. Residents helped us celebrate Lake Wabukayne and the 30th anniversary of the MPCRC serving families with young children in our community.

Many thanks to all who keep an eye on the lake and who continue to be stewards of the park and lake area by notifying me and City staff of any issues.



## Union Gas Park Update

Planning is moving ahead for Ward 9's newest park at Tenth Line and Aquitaine based on lots of input from the community.

Many residents attended a number of public consultations that I held and provided me and staff with excellent suggestions for the park. I am pleased that we have been able to incorporate almost all of them into the final designs.

The final design will be done this year with the main construction to take place in 2015, but I am hoping that we will be able to provide an outdoor ice rink next winter in advance of the main construction.

This park will offer year round activities for all ages. There will be play equipment for young children, skateboarding, basketball and dirt biking for older children and teens and exercise equipment for adults. The toboggan hill will be improved and the boards for an outdoor ice rink installed. There will be green space and places to sit with a shaded structure. There will also be a small water play feature. Requests for a small dog run are also being reviewed as a future addition.

You will be able to view the final plans for the park once they are completed this year on my website at [ward9.ca](http://ward9.ca).

## Seniors' Fair

June is Seniors' Month in Ontario, a great time for seniors to celebrate their lives and the many ways they continue to make Mississauga and the Province a better place to live.

**My second annual Seniors' Fair is on Tuesday June 10, 2014 from 1 – 3 p.m. at the Meadowvale Community Centre in the Village Room.**

There will be interactive displays with MiWay Mississauga Transit, Peel Paramedics and organizations such as the Alzheimer Society of Peel, the Meadowvale Seniors' Social Club, CARP and many more displaying information and answering questions.



Bernard and Lois Jordaan at last year's fair.



Bill Crawford of the Eden Community Food Bank at last year's fair.



Visiting the Heart House Display at last year's fair.



Volunteers Kevin Gouda and Jennifer Armstrong at last year's fair.



# Pat in the Community



with Stephen Reist at the Meadowvale Neighbourhood Café 2<sup>nd</sup> year anniversary luncheon



With Boy Scout leaders at the Plowmans Park Public School Community Open House



At the launch of the STEPS walk to school program at St. Teresa of Avila Catholic School



Celebrating Chinese New Year at City Hall



Ring in the Chinese New Year at midnight at Fo Guang Shan Temple



Above and bottom row: Ward 9 Night at the Steelheads Game



## Be An Organ Donor

**beadonor.ca**

I want to remind everyone to consider becoming an organ donor. Changes to the program require you to

register online at **beadonor.ca**. You could help save the life of someone waiting for an organ. I was made aware of the need for this by a young lady in our ward who has been waiting for a liver transplant and encourage everyone to think about it. One donor could save eight lives!

Please check my website at **ward9.ca** to view a list of committees I sit on and to view a Calendar of Upcoming Events. To receive my monthly e-newsletter and be kept up to date please email me at **pat.saito@mississauga.ca** and type "join email list" in the subject line or use this QR Code.



### STEPS to School

Congratulations to schools participating in the STEPS to School and PALS healthy living programs:

Castlebridge	John Fraser
Maple Wood	Plowman's Park
Middlebury	Settler's Green
Miller's Grove	Shelter Bay
St. Richard	
St. Teresa of Avila	

### Please remember to help those who are in need.



With Bill Crawford, Executive Director of the Eden Community Food Bank



eden community food bank

For more information, visit **edenfoodbank.org**, call 905-785-3651 or email **info@edenfoodbank.org**.

### Contacts

#### Councillor Pat Saito

Ward 9 Councillor  
**pat.saito@mississauga.ca**  
**ward9.ca** 905-896-5900



#### Who does what?

Government Services link on **ward9.ca**



Non-emergency calls for direct access to **government services** (Regional and City)



Non-emergency calls for information and/or referral to **community, health and social services**



#### City of Mississauga

300 City Centre Dr.  
Mississauga L5B 3C1  
**mississauga.ca**  
905-896-5000



The Dam has been instrumental in providing a safe haven for the youth of Meadowvale and Ward 9. The Dam offers support for at-risk-youth through mentoring and providing a safe drop-in as well as other supportive programs. By working with youth in a one-on-one approach or in group consultation, staff at the Dam are able to get to the core issues that affect their behaviour.

Please support the Dam by visiting **thedam.org** and making a donation.

Follow me on Twitter  
**@PatSaitoWard9**



Friend me on Facebook  
Councillor Pat Saito



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